

CRU PRESS

GREEN



FOLLOW-UP ONE: YOUR NEW LIFE IN CHRIST

CLASSIC FOLLOW-UP SERIES

This is how the Basic Follow-up Series looked way back in the day—back when computers apparently looked like this:



And yet it's still effective and still the material of choice for some staff and students. After going through the lesson, treat your disciple to a nickel root beer and a rousing game of pong.



1 Your New Life in Christ

*Knowing Jesus Christ is the most exciting relationship you can have.
It is the beginning of a life of tremendous adventure with
an all-loving, all-powerful God.*

The Four Spiritual Laws concisely explain all a person needs to know to begin a new life in Christ. A brief review of these will help us as we look at some principles of growing in your relationship with Christ:

LAW ONE: God loves you and offers a wonderful plan for your life.

LAW TWO: Man is sinful and separated from God. Therefore, he cannot know and experience God's love and plan for his life.

LAW THREE: Jesus Christ is God's only provision for man's sin. Through Him you can know and experience God's love and plan for your life.

LAW FOUR: We must individually receive Jesus Christ as Savior and Lord, then we can know and experience God's love and plan for our lives.

Key Question: How can a person who has received Christ know with certainty that he will spend eternity with God?

You can *know* that you have a secure personal relationship with God.

1 CONFIDENCE IN YOUR NEW RELATIONSHIP WITH CHRIST

You can be confident in your new relationship with Christ because you have been completely forgiven and accepted by God. Only Christ's death on the cross is sufficient to provide this proper relationship with God.

READ Ephesians 2:8,9 Three important words in these verses explain the basis of our acceptance before God:

GRACE: Unmerited favor, an underserved gift

Q. What role did grace play in establishing your relationship with God?

A. *You didn't deserve this relationship nor did you earn it by any good works. Rather it is a free gift from God that you accepted when you received Christ.*

SAVED: Rescued, spared from disaster

Q. What do you think this verse means by saying you are *saved*? From what are you rescued?

A. *Romans 6:23 says that the final result of sin is death. When you received Christ's death on the cross as a payment for your sins, you were rescued from eternal condemnation . . . from having to pay the penalty for your own sin.*

FAITH: Belief, trust, commitment of mind, attitude, action

Q. What does faith have to do with receiving Christ?

A. *Simply put, faith is believing or trusting God and His Word. When you received Christ, you put your trust in Christ and His death for your sin. Instead of believing in your own ability to earn God's favor, you now trust that you have been reconciled to God through what Christ has done for you.*

KEY QUESTION: Suppose you were standing before God and He asked you, "Why should I let you into heaven? What would you say?"

2 UNDERSTANDING TRUTHS ABOUT YOUR NEW RELATIONSHIP WITH CHRIST

There are many exciting things that are true in your new relationship with Christ. Understanding these truths will help you build a firm foundation on which to grow.

Christ forgave your sin.

Read Colossians 1:13,14. When you trusted Christ for the forgiveness of your sin, all your sins were forgiven . . . past, present and future.

What difference do you think it makes to know your sin is forgiven?

Christ made you a child of God.

Read John 1:12. When you received Christ, you began a loving relationship with God.

Christ came into your life and He will never leave you.

Read Hebrews 13:5.

Under what circumstances might Christ leave you?

According to this, how many times is it necessary to receive Christ?

Christ gave you new life.

Read 2 Corinthians 5:17. When you trusted Christ to be your Savior and Lord, you began a new spiritual life. God will increasingly produce many new qualities in you as you grow in Him.

Christ gave you eternal life.

Read 1 John 5:11-13.

On what is eternal life based?

When does a person's eternal life begin? When will it end?

KEY QUESTION: If you were to die tonight, how sure are you that you would spend eternity with God?

0-----25-----50-----75-----100%

These wonderful benefits are based totally on Jesus Christ. None of them can be earned. You received them the moment you placed your faith in Christ.

Are any of these truths especially meaningful to you right now? If so, why?

3 DEALING WITH DOUBTS IN YOUR NEW RELATIONSHIP WITH CHRIST

Even though feelings are important, your relationship with Christ is based on facts, not on feelings that can change daily.

Doubts, questions and varying emotions are common parts of everyone's life, but they are very unreliable gauges of anyone's relationship with Christ. The Christian lives by faith in the trustworthiness of God and His Word.

This train diagram illustrates the relationship between fact (God and His Word), faith (your trust in God and His Word), and feeling.



The train will run with or without the caboose. However, it would be useless to attempt to pull the train by the caboose. In the same way, Christians do not depend on feelings. Place your faith in the trustworthiness of God and His Word. The more you learn of His Word, the more you will be able to answer any doubts with solid facts. Your feelings will begin to respond to the truth of God's Word and not your circumstances.

4 GROWING IN YOUR NEW RELATIONSHIP WITH CHRIST

Since you have . . .

. . . trusted in Christ's payment for your sin,
. . . understood the basis of your new relationship with God,
. . . looked at five truths about your new relationship with God,
you can be confident in your new relationship with Christ.

Throughout this week, begin to make these truths part of your life as you grow in Christ:

- You are forgiven: Colossians 1:13,14; 2:13
- You are a child of God: John 1:12, Romans 8:15, 1 John 3:1
- You are indwelt by Christ: Revelation 3:20, Galatians 2:20
- You have new life: 2 Corinthians 5:17, Ephesians 2:4,5
- You have eternal life: 1 John 5:11-13, John 5:24; 10:27-29

Take one truth each day and reflect on it. Read the verses listed by each truth. Thank God that this is now true of you.

Knowing these essential truths is critical to our growth in Christ. What happens when we struggle and fall short in our efforts to live the Christian life? Next meeting:

